



## **OFFICIAL RULES – Men’s, Women’s and Coed 2’s**

### **LEAGUE SETUP**

#### **Partners**

- We understand that with two people, it’s hard to expect someone to be able to play every week. So that said, you’re more than welcome to pick up subs during the regular season.
- However, nobody likes it when people bring in ringers come tournament time. So with that, you **MUST** play with the partner you registered with in the tournament.
- If you want to play in the tournament with a sub, you can participate in the first match but if you win, you will forfeit the victory and allow the other team to advance.

#### **Match Format**

- Matches will begin every hour starting at 6:30. If you have a 6:30 match and be there early, that will set us up for success for the remainder of the night.
- Matches are made up of three games, which are played using rally scoring (a point on every serve) to 21. A team must win-by-two, with a cap of 23.
- There is a 60-minute time limit for these matches that we will strictly enforce. Our league coordinator will make an announcement at :20 after and if you think you can’t get to 21 by :30, please shorten the third game to 15 or 11.
- Some other ways to help minimize delays during the match include bringing a water bottle with you to your court, warming up for no more than 5 minutes and swinging for big kills that can’t be dug. You can doooo it!
- Teams will switch sides of the net when the first team reaches 11 points. This is not a timeout.
- When you are done with your match, please report games won/lost to the league coordinator.

#### **Forfeits**

- Forfeits are not just frowned upon, they’re **HIGHLY** frowned upon. If you and/or your partner have to miss a game, it is up to you to find a replacement. If you need help, our league staff will help.
- We will not be rescheduling any games once the season has started, so please plan accordingly.
- If your team forfeits once, it will be a three-game penalty in the standings. If your team forfeits twice, you will be given a one-session suspension from participating. Basically, you can finish out the session you’re playing but have to sit out the next session.
- Like we said, forfeits are **HIGHLY** frowned upon. It’s not fair to your opponent if you don’t show up.

## **LEAGUE RULES**

### **Serving**

- Men must serve men. If a man serves a woman, and if the woman chooses to receive the serve, the play will proceed.
- However, the woman can choose to not receive the serve, in which case a “let” serve (think tennis) will be given.
- Net serves are legal, provided they land in the correct side of the court.

### **Blocking**

- Unlike sixes and fours, a block is considered one of your three touches.
- If there is a tip on the block, you or your partner can hit the second ball, and the third ball must then go over.

### **Setting**

- Players cannot the serve, and in general, sets on the beach are called much more strictly than in indoors.
- Double contacts are not permitted, and anything more than minimal spin (an indicator of a double contact) is a violation.
- Players can set/double contact a hard-driven ball, as it’s considered a bang-bang play.
- If you’re setting the ball over the net, it must travel in a direction square to your shoulders, either forward or backward.
- In short, your best bet is to bump set if you’re worried your hand sets might be an issue.

### **Hitting**

- Open hand tips are NOT allowed. You can “dink” with a closed fist, knuckles of any other combination of non-fingertip contacts.
- Hitting the ball with other parts of the body (head, shoulders, knees and toes) is legal provided the ball comes off clean from the contact.

### **Net Violations**

- Because we’re old school, any contact with the net, regardless of top or anything below, is considered a violation.
- A player can go under the net, so long as it does not interfere with play of the other team.
- If the ball hits the net outside of the antennas or any side netting, it is a dead ball.

## THE VOLLEYPARK POLICIES

- Volleyball players of all ages are welcome at our facility, but you must be 21+ to drink. If you are caught providing alcohol to a minor, you will be asked to leave the premises **IMMEDIATELY**.
- Children of players are welcome at The VolleyPark, but must be kept supervised **AT ALL TIMES**. The following activities are specifically prohibited:
  - Riding bikes & skateboards
  - Throwing or kicking balls
  - Running, chasing, etc.
  - Going unattended into the bowling alley
  - Playing cornhole (boards are intended for player use)
- Shirts and shoes are required for entry into the bowling alley.
- For the safety of our players, pets **ARE NOT** allowed at The VolleyPark.
- League matches **WILL NOT** be cancelled in advance of the start time due to weather. Our drainage system allows for play even in the rainiest weather.

For up-to-date info on match cancellations due to weather, please like us on facebook (The VolleyPark) or follow us on twitter (@thevolleypark).