



OFFICIAL RULES – Recreational Sixes

LEAGUE SETUP

Team Format

- In general, The VolleyPark is against making teams forfeit due to lack of players. Any number of formats is acceptable, provided that there are **no more than 3 men and no less than 1 woman** on the court at one time. **2 women are required for playoffs.**
- All players must sign a waiver form before participating.

Match Format

- Matches will begin every hour starting at 6:30
- Matches are made up of three games, which are played using **RALLY SCORING (a point is scored on every serve) to 21**. A team must win-by-two, with a cap of 23.
- Each team gets two 60-second timeouts per match.
- **Following your match, both captains are responsible for reporting games won/lost to the league coordinator.**

LEAGUE RULES

Legal/Illegal Contacts

- Players **CAN** set the serve and any first-ball over the net.
- Players **CANNOT** spike a serve as it is coming over the net. Players in the back row **CANNOT** run up to the net to spike the ball, but may hit from behind the 10 ft. line.
- Players **CANNOT** “scoop” the ball with an open hand.
- Players **CAN** kick the ball, as long as the contact is clean.
- Players **CAN** tip the ball using an open hand, but **CANNOT** “carry” or “direct” the ball.

Serving

- The server **CAN** serve the ball anywhere from behind the back line, provided it is within the sidelines extended.
The server **CANNOT** “re-do” a serve. If the server releases the ball for service and does not complete the service, the team will lose its serve.
- A served ball that tips the net **IS** still a live ball.

Blocking/Net Play

- Players **CANNOT** contact the net with any part of their body.

- Players **CANNOT** run into an opposing team's players under the net. They **CAN** cross under the net, as long as it does not interfere with play.
- If a ball hits the net outside of the antenna or any part of the net support, the play is dead.
- A block **DOES NOT** count as a hit. If a blocker makes contact with the ball, his or her team has three hits to return the volley.
- A blocker **CANNOT** touch the ball when it is on the other side of the net until after the opposing team hits the ball a third time.

TOURNAMENT INFO

End-of-Season Tournament

- Will take place during the eighth week of each session.
- Every team will qualify to play in the tournament. Seeding will be determined based on regular season record and head-to-head outcome in the case of a tie. A coin flip will be used to determine any ties that cannot be broken via head-to-head record.
- Tournament match formats will vary based on number of teams, and will be communicated after week 7 of the session.
- The winning team on each net will receive 8 "Champions" t-shirts. Additional t-shirts can be purchased for \$10.

THE VOLLEYPARK POLICIES

- No outside food or drink allowed.
- Volleyball players of all ages are welcome at our facility, but you must be 21+ to drink. If you are caught providing alcohol to a minor, you will be asked to leave the premises **IMMEDIATELY**.
- Children of players are welcome at The VolleyPark, but must be kept supervised **AT ALL TIMES**. The following activities are specifically prohibited:
 - o Riding bikes & skateboards
 - o Throwing or kicking balls
 - o Running, chasing, etc.
 - o Going unattended into the bowling alley
- Shirts and shoes are required for entry into the bowling alley.
- For the safety of our players, pets **ARE NOT** allowed at The VolleyPark.
- League matches **WILL NOT** be cancelled in advance of the start time due to weather. Our drainage system allows for play even in the rainiest weather.

For up-to-date info on match cancellations due to weather, please like us on facebook (The Volleypark) or follow us on twitter (@thevolleypark).